



HYGIENE RESOURCE GUIDE



FREE TOILETRIES & HYGIENE ITEMS

Bellingham:

HOPE HOUSE

207 Kentucky St. | (360)671-8702
M, Tu, Th 9-11:30am, F 12-2pm

Toiletries, hygiene items, cleaning products, household goods, diapers (baby/child), menstrual products, clothing, linens and more available for free. Financial assistance available Monday & Friday.

OPPORTUNITY COUNCIL

1111 Cornwall Ave. | (360)734-5121
M-F, 9am-4pm

Diapers (size newborn - 6) and wipes available for free by request. Menstrual products are also available by request during drop-in hours. Each menstrual hygiene pack comes with 6 tampons and 6 pads unless otherwise requested, and multiple packs can be requested.

Individuals approved by DSHS for the HEN or ABD program may be eligible for a monthly supply of toiletries, hygiene items, and household cleaning supplies (must apply and be determined eligible by DSHS).

Outside Bellingham:

BLAINE CAP

Call (360)392-8484 and leave a detailed message about your crisis need.

Toiletries, clothing, and household items for residents of Blaine, Birch Bay, Custer, and Point Roberts.

EWRRRC

(East Whatcom Regional Resource Center)
8251 Kendall Rd., Maple Falls
(360)599-3944 | M-F 9am-12pm & 1-4pm

Toiletries, household items, clothing, masks, and other health items. Walk-in, or call for appointment.

FERNDALE OTHER BANK

5694 2nd Ave., Ferndale | (360)380-2200
REFERRAL FROM SCHOOL REQUIRED

Hygiene items available to families with qualifying children in Ferndale SD/Head Start. Register with your child's school.

PROJECT HOPE

205 South BC Ave., Ste. 105, Lynden
(360)354-4673 | Call to arrange services

Household items, toiletries, and clothing. Must live in Lynden School District.



LAUNDRY VOUCHERS

LAUNDRY LOVE (OPPORTUNITY COUNCIL)

1111 Cornwall Ave. | (360)734-5121 | Fridays, 8-9am

One voucher per person per month, first-come-first-serve.

PROJECT HOPE

205 S. BC Ave., Lynden | (360)354-4673 | M-F, 9am-2pm

Available by appointment. Must live in Lynden School District.



FREE SHOWERS

ARNE HANNA AQUATIC CENTER

1114 Potter Street, Bellingham | (360)778-7665

Showers available M-F 6am-5pm, Sa & Su 1pm-6pm.

LAKE PADDEN PARK (WEST ENTRANCE)

4882 S Samish Way, Bellingham | (360)778-8000

Shower facilities open June - September.

SHOWER CONNECT

110 Flora St., Bellingham

Showers available Tuesdays, 3-6pm at First Baptist Church

OTHER OPTIONS

CHURCH RESOURCES

Several Whatcom County churches/faith-based organizations offer limited financial assistance for a variety of emergent needs, including vouchers/gift cards to purchase hygiene items and other essentials. For more information, visit whatcomabc.org/church-network

FOOD BANKS

Many local food banks offer toiletries, diapers, menstrual products, and other hygiene items. Check with your local food bank for availability.

SCHOOL RESOURCES

If you have a school-aged child, your school district may be able to provide additional resources, or refer you to other programs and services. Contact your district's family resource coordinators for more information.

CONTACT US:

For additional resources, contact the CRC:
(360)734-5121, or visit us online at whatcomabc.org

To provide an update for this guide, email
communityresources@oppco.org