



## Hygiene Resource Guide



# Free toiletries & hygiene items

## Bellingham:

### HOPE HOUSE

207 Kentucky St. | (360)671-8702  
M, Tu, Th 9-11:30am, Tu 6:30-8pm,  
F 12-2pm

Toiletries, hygiene items, cleaning products, household goods, diapers (baby/child), menstrual products, clothing, linens and more available for free. Financial assistance available Monday & Friday.

### OPPORTUNITY COUNCIL

1111 Cornwall Ave. | (360)734-5121  
M-F, 9am-4pm

Diapers (size newborn - 6) and wipes available for free by request. Menstrual products are also available by request during drop-in hours. Each menstrual hygiene pack comes with 6 tampons and 6 pads unless otherwise requested, and multiple packs can be requested.

*Individuals approved by DSHS for the HEN or ABD program may be eligible for a monthly supply of toiletries, hygiene items, and household cleaning supplies (must apply and be determined eligible by DSHS).*

## Outside Bellingham:

### BLAINE CAP

Call (360)392-8484 and leave a detailed message about your crisis need.

Toiletries, clothing, and household items for residents of Blaine, Birch Bay, Custer, and Point Roberts.

### EWRRRC

(East Whatcom Regional Resource Center)  
8251 Kendall Rd., Maple Falls  
(360)599-3944 | M-F 9am-12pm & 1-4pm

Toiletries, household items, clothing, masks, and other health items. Walk-in, or call for appointment.

### FERNDALE OTHER BANK

5694 2nd Ave., Ferndale | (360)380-2200  
**REFERRAL FROM SCHOOL REQUIRED**

Hygiene items available to families with qualifying children in Ferndale SD/Head Start. Register with your child's school.

### PROJECT HOPE

205 South BC Ave., Ste. 105, Lynden  
(360)354-4673 | Call to arrange services

Household items, toiletries, and clothing. Must live in Lynden School District.



## Laundry Vouchers

### LAUNDRY LOVE (OPPORTUNITY COUNCIL)

1111 Cornwall Ave. | (360)734-5121 | Fridays, 8-9am

One voucher per person per month, first-come-first-serve.

### PROJECT HOPE

205 S. BC Ave., Lynden | (360)354-4673 | M-F, 9am-2pm

Available by appointment. Must live in Lynden School District.



## Free Showers

### ARNE HANNA AQUATIC CENTER

1114 Potter Street, Bellingham | (360)778-7665

Showers available M-F 6am-4:30pm, Sa & Su 1pm-5:15pm.

### LAKE PADDEN PARK (WEST ENTRANCE)

4882 S Samish Way, Bellingham | (360)778-8000

Shower facilities open June - September.

### SHOWER CONNECT

Program not available at this time.

## Other Options

### CHURCH RESOURCES

Several Whatcom County churches/faith-based organizations offer limited financial assistance for a variety of emergent needs, including vouchers/gift cards to purchase hygiene items and other essentials. For more information, visit [whatcomabc.org/church-network](http://whatcomabc.org/church-network)

### FOOD BANKS

Many local food banks offer toiletries, diapers, menstrual products, and other hygiene items. Check with your local food bank for availability.

### SCHOOL RESOURCES

If you have a school-aged child, your school district may be able to provide additional resources, or refer you to other programs and services. Contact your district's family resource coordinators for more information.

### Contact us:

For additional resources, contact the CRC:  
(360)734-5121, or visit us online at [whatcomabc.org](http://whatcomabc.org)

To provide an update for this guide, email  
[communityresources@oppco.org](mailto:communityresources@oppco.org)