



COMMUNITY RESOURCE NEWSLETTER

Week of May 24 - 30

Newsletter Guide

Icon Key:

-  Asset Building Opportunity
-  New/Updated Resource
-  3-in-30 Survey

About Us

Community Resource Center

Available by phone
M-Th 9am-4pm, F 9am-12pm
360-734-5121 ext. 0

Visit whatcomabc.org/crn to learn more about the CRN and to view past newsletters

To subscribe or submit content to the newsletter, email communityresources@oppco.org.

MENSTRUAL HYGIENE DAY

[Menstrual Hygiene Day](#) is an annual awareness day on May 28. The price for poor menstrual hygiene (MH) can be devastating to people who are low-income, and especially to those who are homeless. Repetitive use of unclean materials can lead to serious health issues, such as UTIs, yeast infections, cervical cancer, and toxic shock. Fortunately for Whatcom residents, there are multiple ways to access free MH products. [Opportunity Council's Teal Bag Program](#) distributes MH items at our service window at 1616 Cornwall, and through our Homeless Outreach Team. The [Bellingham Food Bank](#) and [Hope House](#) also offer free MH products to those in need.

LEARN MORE:

Read more about why menstrual access matters [here](#), and find more information about the Teal Bag program [here](#). To support this cause, make a contribution [online](#), or donate individually wrapped items.

SEEKING STORIES

for COVID Impact Assessment



As part of the Health Department's COVID Impact Assessment, WCHD is gathering stories and data from throughout our community to better understand the impacts of COVID on people's lives. They hope to gather short (1 minute) videos, audio recordings, or written documents describing whatever COVID impacts you wish to share. Please upload to [this Dropbox](#).

These pieces may be included in the COVID Impact Assessment as examples to bring charts and graphs to life. Please note that you will be contacted before any submissions are publicly shared. Contact Mardi Solomon with any questions: mardi@crossroads.pro. Thank you for sharing your stories!

Resource Guides

Community Resource Library
whatcomabc.org/library

Food and Meal Guide
whatcomabc.org/food-guide

Homeless Housing Guide
whatcomabc.org/homeless-housing-guide

Clothing Resource Guide
whatcomabc.org/clothing-guide

Whatcom County COVID-19 Resources

Resources During COVID-19
whatcomabc.org/covid-19

Basic Food Updates
whatcomabc.org/bf-updates

Health Department Info
[Testing](#)

[Vaccine Information](#)

[Whatcom Data Dashboard](#)
[Building Vaccine Confidence in People exp. Homelessnes](#)

COMMUNITY NEWS BULLETINS

News, announcements, & community updates

NEW

- [New multilingual Rental Assistance flyer \(Eng., Span., Rus., & Punj.\)](#)
- [Bellingham Central Library opening for in-person services 6/7](#)
- [Free Grab and Go Meal: 5/29, 8:30am, NW Baptist Church](#)
- [Bellingham Community Meal: 5/29, 12:30-2:30pm](#)

COMMUNITY OPPORTUNITIES

Medicare Basics

6/1, 3-4pm | [Webinar Information](#), [Registration](#)

Tip-offs to Rip-offs: How to spot a con before they spot you
6/2, 10-11:30am | [Webinar Information](#), [Registration](#)

Medicare COVID-19 scams and fraud

6/8, 3-4pm | [Webinar Information](#), [Registration](#)

EMPLOYMENT OPPORTUNITIES

Cascade Connections

[Multiple Openings](#)

Lydia Place

[Multiple Openings](#)

Northwest Regional Council

[Social Services Program Specialist](#)

[On-Call Care Coordinator](#)

Unity Care Northwest

[Multiple Openings](#)

In partnership with

WABC

WHATCOM ASSET BUILDING COALITION

www.whatcomabc.org