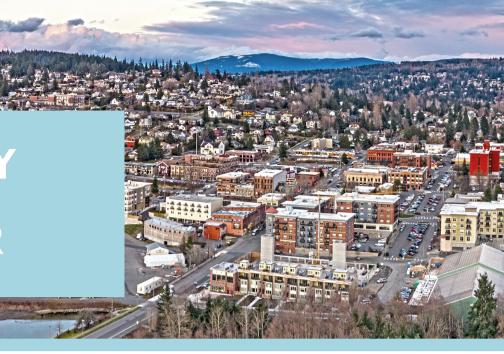


COMMUNITY RESOURCE NEWSLETTER

Week of May 24 - 30



Newsletter Guide

Icon Key:



S Asset Building Opportunity



New/Updated Resource



3-in-30 Survey

About Us

Community Resource Center

Visit whatcomabc.org/crn to learn more about the CRN and to view past newsletters

To subscribe or submit content to the newsletter, email <u>communityresources@</u>

MENSTRUAL HYGIENE DAY

Menstrual Hygiene Day is an annual awareness day on May 28. The price for poor menstrual hygiene (MH) can be devastating to people who are low-income, and especially to those who are homeless. Repetitive use of unclean materials can lead to serious health issues, such as UTIs, yeast infections, cervical cancer, and toxic shock. Fortunately for Whatcom residents, there are multiple ways to access free MH products. Opportunity Council's Teal Bag Program distributes MH items at our service window at 1616 Cornwall, and through our Homeless Outreach Team. The Bellingham Food Bank and Hope House also offer free MH products to those in need.

LEARN MORE:

Read more about why menstrual access matters **here**, and find more information about the Teal Bag program **here**. To support this cause, make a contribution online, or donate individually wrapped items.

SEEKING STORIES



for COVID Impact Assessment

As part of the Health Department's COVID Impact Assessment, WCHD is gathering stories and data from throughout our community to better understand the impacts of COVID on people's lives. They hope to gather short (1 minute) videos, audio recordings, or written documents describing whatever COVID impacts you wish to share. Please upload to this Dropbox.

These pieces may be included in the COVID Impact Assessment as examples to bring charts and graphs to life. Please note that you will be contacted before any submissions are publicly shared. Contact Mardi Solomon with any questions: mardiecrossroads.pro. Thank you for sharing your stories!

Resource Guides

Community Resource Library whatcomabc.org/library

Food and Meal Guide whatcomabc.org/food-quide

Homeless Housing Guide whatcomabc.org/homeless-housing-guide

Clothing Resource Guide whatcomabc.org/clothing-guide

Whatcom County COVID-19 Resources

Resources During COVID-19

Basic Food Updates whatcomabc.org/bf-updates

Health Department Info

<u>lesting</u>

<u>Vaccine Information</u>

Whatcom Data Dashboard

Building Vaccine Confidence
in People exp. Homelessnes

COMMUNITY NEWS BULLETINS

News, announcements, & community updates



- New multilingual Rental Assistance flyer (Eng., Span., Rus., & Punj.)
- BellinghamCentral Library opening for in-person services 6/7
- Free Grab and Go Meal: 5/29, 8:30am, NW Baptist Church
- Bellingham Community Meal: 5/29, 12:30-2:30pm

COMMUNITY OPPORTUNITIES

Medicare Basics

6/1, 3-4pm | Webinar Information, Registration

Tip-offs to Rip-offs: How to spot a con before they spot you 6/2, 10-11:30am | Webinar Information, Registration

Medicare COVID-19 scams and fraud

6/8, 3-4pm | Webinar Information, Registration

EMPLOYMENT OPPORTUNITIES

Cascade Connections

Multiple Openings

Lydia Place

Multiple Openings

Northwest Regional Council

Social Services Program Specialist
On-Call Care Coordinator

on can care coordinat

Unity Care Northwest

Multiple Openings

